

RC-Varanasi



Report on "Integrating Creativity and Well-Being for Fostering Innovation among students"

Name of the Regional Centre	Varanasi
Code of the Regional Centre	48

Background: In an attempt to inculcate the habit of Innovation among its students, IGNOU Regional Centre Varanasi has established an Innovation Club and regularly organizes seminars and lectures from innovators. In that series Innovationclub@RCVaranasi organized a webinar entitled as above on 25th July 2025 through Google meet. The programme was designed to sensitize the participants on the burning issues of enhancing creativity and wellbeing for the development of innovation skill. Prof Sandeep Kumar, Department of Psychology BHU and Dr. UpendraNabhTripathi Regional Director RC Varanasi were the resource persons to talk students for learning the skill of well-being for the fostering of innovation skill.

Programme Objectives (Mention 2-3 objectives of the programme)

To aware the participating students for enhancing innovation skill through integrating creativity and wellbeing.

Participants (mention the target group and number of participants): Students from Department of Psychology, BHU Varanasi and IGNOU students

Resource Persons: Prof Sandeep Kumar, Department of Psychology BH, Varanasi.

Resource materials (if any): PPT Presentation

Duration and dates: 25 July 2025 from 4.00 to 5.30 PM

Funding (if any): Nil

Coordinators : DrUpendraNabhTripathi, Regional Director IGNOU RC Varanasi DrShravan Kumar Pandey, ARD, Nodal officer Innovation Club@RC Varanasi,



RC- Varanasi



About the Programme (A brief about the programme organized about 500 words – mentioning the daywise/session-wise details).

Prof Sandeep Kumar, Department of Psychology, BHU Varanasi presented his talk as resource person through PPT presentation and sensitized the participating students on the burning issues of enhancing creativity and wellbeing for the development of innovation skill. Dr. UpendraNabhTripathi Regional Director RC Varanasi convened the programme and elaborated about IGNOU programmes and opportunity in the field of Psychology and promoted the students to learn the skill of well-being for the fostering of innovation skill. Queries raised by the students were answered by Regional Director Dr. UpendraNabhTripathi and Prof. Sandeep Kumar. Dr SK Pandey, ARD coordinated the meeting and Mr Banmali Singh, Deputy Registrar paid the vote of thanks to all participants and dignitaries. Among the participants Dr. Sanjay Kumar and Dr. D N Pathak, ARDs along with Mr Yogesh Kumar AR and more than 50 students from BHU and IGNOU participated in the programme and interacted with the resource person.

Outcomes of the programme (2-3 lines)

Students got overviews on the development of innovation skill through integrating creativity and wellbeing and interacted with resource person for their queries and eagemess on the topic.

(Signature of the Coordinator)

Thipathi

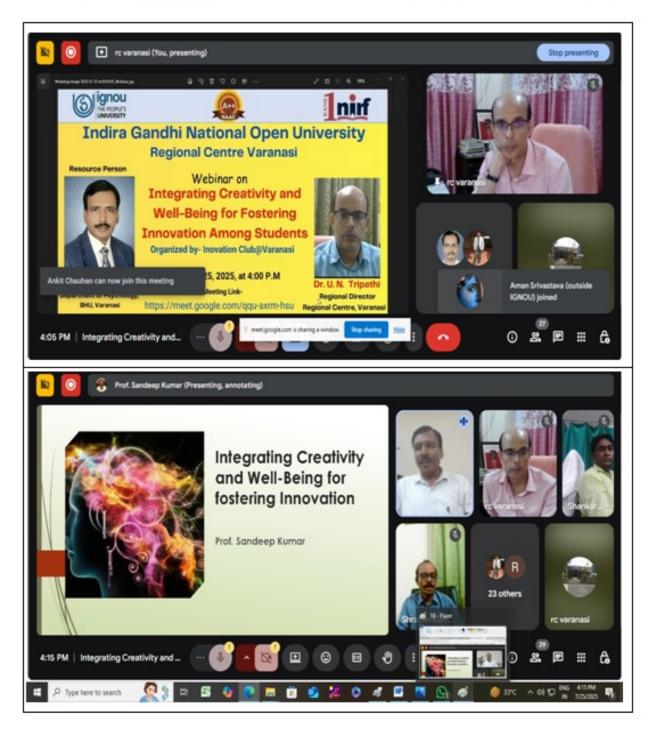




RC- Varanasi



Please upload the Geotagged photographs in the table only (Only 04 Photographs with captions)







RC- Varanasi



